



**Dr. Masgutova featured in Autism  
Recovery Telesummit**



Greetings for a happy and prosperous New Year from the Svetlana Masgutova Educational Institute!

We are excited to invite you to our FREE Autism Recovery Telesummit. What do you get when you bring together 19 top cutting-edge experts with over a century of combined experience in helping kids with autism heal and recover?

### **The Autism Recovery**

#### **Telesummit: Choices & Possibilities!**

We invite you to join Dr. Masgutova (and 18 other experts) for this Free Virtual Event where they reveal:

- How your child can speak, comprehend, communicate more
- Change tantrums, screaming and self-stimulation into sweetness and smiles
- Create positive changes in the brain
- Discover why diet is so important and hear diet choices that work
- Make eye contact and say, "I love you, Mama"
- Get lifelong support for your child and family
- Hear RECOVERY STRATEGIES THAT WORK from everyday moms.

Dr. Masgutova's interview airdate is January 21, 2016.

**In addition, two FREE videos (Hand Supporting and Spinal Galant) are offered by the Svetlana Masgutova Education Institute.**

Begin implementing new strategies immediately, it kicks off on January 15!

Receive key information and inspiration from top autism recovery experts and every-day moms to support YOUR child and family in recovery from autism!

'Like' the Facebook page so that listeners can tag you, or mention your name, which will show up on your news feed. Link: [here](#).

[Sign up, free of charge!](#)

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## 2015: A year of dreams and promises realized



In the Netherlands for 2015, we have been honoring 45 MNRI® students who have taken many MNRI® classes. We have celebrated them during the classes in The Netherlands as they signed up to work toward their certification to become Core Specialists.

May all our dreams come true!

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## MNRI famous in The Netherlands!



Pamela Curlee is now famous in The Netherlands. The magazine *VROEG* published an interview with Pamela about the Masgutova Method (Dec. 2015). *VROEG* means "early" and publishes articles about child development, age 0-3 years old.

The members of the Dynamic and Postural class in The Netherlands had the honor of presenting Pamela a copy of the magazine during her recent class *Dynamic and Postural Reflex Pattern Integration*.

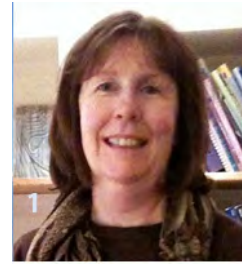
All students in this class received a free copy of this edition, courtesy of *VROEG*!

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## New MNRI Instructors certified

SMEI is excited to announce two new Instructors:

**1. Dawn Burnell Powers** (of Vancouver, BC, Canada) is now also a certified MNRI® Instructor in *Dysfunctional and Pathological Reflex Integration*. Dawn is a Neuro Developmental Therapist working in private practice.



**2. Lisa Ortego:** (of Carencro, LA) is now a certified MNRI® Instructor in *Maximizing Brain Potential*. She is currently a Speech Language Pathologist and MNRI® Core Specialist in both schools and a private practice in Louisiana.



Lisa was introduced to MNRI® through a parent affiliated with the Brain Gym® community. After the first class, she quickly realized how many children and families could truly be helped and be given hope again. She finds it extremely exciting to see the profound changes occurring with the students and teachers implementing MNRI®. She is constantly amazed and very thankful for the results achieved using this beautiful method! Her goal now is to continue to bring MNRI® into the school system and home school programs.

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## Christine Poulin: MNRI Instructor of the year



Christine Poulin was very busy in 2015. She put in extraordinary time and effort to assist with translation of materials into French and she traveled to France numerous times in one year to bring the Masgutova Method to the eager students in France.



She has been an excellent ambassador for MNRI® in Canada and France and also attended MNRI® courses and worked Family Conferences in 2015.

Christine responds, "I am deeply touched by this recognition and I express my deep gratitude to Dr. Svetlana Masgutova, the instructors who have facilitated my learning, Pamela Curlee and Sharon Heller. Gratitude also to all students, their lovely presence, their listening skills and their intelligent questions are a source of inspiration and growth. I send big thanks to the children, accompanying them helps me to become a better teacher. I love teaching this valuable knowledge, it is a great happiness to me."

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## New MNRI Core Specialists certified



SMEI is excited to announce two new Core Specialists:

**Helena Björelus:** works as a SLP-specialist in Childhood Motor Speech Disorders at the Oral Motor Centre, a Speech Clinic at Danderyds Hospital, a national health hospital in Stockholm, Sweden. Her area of interest has been co-morbidity of motor speech disorders and fine and gross motor dysfunctions. She has performed research in the area and has

published a peer reviewed article in the *International Journal of Speech-Language Pathology*.

Helena attended her first class of MNRI® in 2010, *Dynamic and Postural Reflex Integration* with Dr. Masgutova in Sweden and started her Core Specialist professional track in Poland in 2011. The work was introduced to her by her dear friend MNRI® Core Specialist and MNRI Instructor, Susanne Wolmesjö. As soon as Helena had her first certificate in her hand, she started to treat patients. She saw that the children developed not only their speech but also had great gains in other areas such as social abilities, communication, and motor skills and realized that this was the treatment she had been looking for. She is very happy to now have reached the MNRI® Core Specialist level.

Her next step in MNRI® is to study further to become an Instructor through the MNRI® Teacher Training Track. Her future goal is to become a certified Instructor of *Oral Facial Reflex Integration* classes, then the *Parent Class, Visual and Auditory Reflex Integration*, and also the *Breathing Reflexes* in order to help bring these classes to her country of Sweden.

She is also working toward a PhD and is planning a study using a single-case study design before and after MNRI® treatment on children with CAS and developmental dysarthria.

Helena says, "I want to thank Dr Masgutova and all the therapists around the world for developing this amazing intervention. This is the future."

**Dr. Joan Spalding** has been working with children, students, parents, and teachers all of her professional life. Her research for her doctoral degree from Colorado State University in 2005 included working with teachers and psychologists in Russia and America to test their students' and clients' ability to develop contralateral movement to focus on academics, behavioral differences, and physical changes in body perception.



After working with Dr. Masgutova in Russia at Russia's Open University, she quickly became one of her first students when Svetlana came to the U.S. to teach Dynamic and Postural Reflexes at an International Brain Gym conference in Virginia in 2003. The emotional changes she experienced in the class regarding her own trauma led her to explore the concept of Reflex Integration on many levels.

In 2012, she became a Core-in-Training and, after taking many courses, is now a Core Specialist and will soon become an Instructor in the PTSD program. Since 2012, Dr. Spalding has participated in over 1200 hours of family conferences working with participants doing the Neuro-structural, Tactile, Breathing, and PTSD protocols.

In addition, while at her home in Evergreen, Colorado, she works with children and adults in a private clinic: [www.mindsync-us.com](http://www.mindsync-us.com)

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## Neurosensory motor dance



If you have worked or attended a conference with Dr. Masgutova, you may know that she sometimes starts the day leading this dance. It is an effective stress management tool and helps us integrate our reflexes!

### **Self-Initiated Exercises**

(Switch on some dance music – slower or faster depending on your preference and ability).

Initial position: stand, sit, or lay down straight with your hands at your sides. You can do the movements saying the words in parentheses while you are dancing.



**Movement 1:** Step to the right side and bring your arms up flexed at the elbows as if opening the core of your body (say “I am open to the world!”). Then do the same movement to the left side as if opening the core (say “You are open to the world!”). Repeat twice.



**Movement 2:** Step forward and to the side a bit (for stability) with your right leg. Bring your right arm up, and your left arm down and backwards. (“I am a Winner!”). Next do the same movement with your left leg forward and your left arm up and your right arm down and backwards. (“You are a Winner!”, “I live in the World of Winners!”) Repeat twice.



**Movement 3:** Do a wave movement with your right arm/hand to the left ("I live with a flow of life, I make the best choices, I focus well, memorize productively, and think quickly and positively!").

Knees will flex slightly in a bouncing motion with movement of arm. Next do the same movement with your left arm/hand ("I am open for others to live with a flow of their life, to make good choices, focus well, memorize productively, and think quickly and positively!"). Repeat twice.



**Movement 4:** Standing with feet shoulder width apart, glide your right hand up and over your head (like combing your hair) from front to back. Next do the same movement with your left arm.

Knees will flex slightly in a bouncing motion with the movement of arm. ("I am so good! You are so good!", "I invite good people and good events into my life!"). Repeat twice.



**Movement 5:** Jump with left leg forward, while right leg lunges back. Extend your right arm up with a thumb up and left arm back and down. ("I am a winner! You are a winner!").

Repeat twice.



**Movement 6:** Lift right leg to hip level, cross over left foot and spin to back. Repeat once more so you are facing front again. Repeat the movement with left leg to spin in the left direction.

Repeat twice.



Thank you to the dancers, Isabella Renard-Fontaine and Jeanie Zelinski!

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# MNRI research to begin in 2016

The Masgutova Foundation and the MNRI® team are excited to announce plans for USA NEIRB-Approved Research 2016-2017 during eight-day MNRI® Family Conferences (starting with the Orlando Conference, January 25-February 3). The primary goal of the research is to study

the overall effects of MNRI® on stress resilience, plasticity, neurodevelopment, and neurofunctioning with children and adults. The Investigators are scientists – Dr. Svetlana Masgutova and Dr. Lucas Koberda, Ph.D. The research coordinator is Tina Marks ([tinkamarks@hotmail.com](mailto:tinkamarks@hotmail.com)) and the scientific consultant is Dr. Patty Shackleford.



We will do OT, PT, ST, psychological, brain mapping, neurotransmitters test (urine) and neurological tests. Accordingly, we are in great need of skilled Core Specialists and Core-in-Training to help us at these conferences.

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## The 2016 Conference line up

### **U.S. Camps 2016**

1. San Diego, CA Conference – 8 days – January 7-16
2. Orlando, FL Conference – 8 days – January 25-February 3
3. Washington, DC Conference – 5 days – April 8-13
4. Orlando, FL PTSD Conference – 5 days – April 19-24
5. Orange County, CA Conference – 5 days – June 14-19
6. Minnesota Conference – 5 days – June 24-29
7. Orlando, FL Conference – 8 days – July 8-17
8. San Francisco, CA Conference – 8 days – July 23-August 1
9. Madison, WI Conference – 5 days – September 9-14
10. Washington, DC Conference – 5 days – October 7-12
11. Orlando, FL Conference – 8 days – October 18-27

### **International Camps 2016**

1. March 6-19 2016 – in Mielno, Poland
2. May 29-June 11, 2016 – in Mielno, Poland
3. September 18 – October 11, 2016 - in Mielno, Poland
4. December 1-18, 2016 – Jakarta, Indonesia (Class and Camp)

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## **Upcoming events**

For further information about any of these events, see this [link](#):

Jan 7-16, 2016 : **8 Day MNRI® Family Conference-San Diego, CA**  
San Diego, CA | Dr. Svetlana Masgutova

**Class** – Jan 8-10, 2016 : MNRI® Visual & Auditory Reflexes Integration  
Orlando, FL | Dr. Leah Light

**Class** – Jan 21-24, 2016 : MNRI® IPET Tactile Integration  
Orlando, FL | Pamela Curlee

**Class** – Jan 22-24, 2016 : MNRI® Archetype Movement Integration  
Lafayette, LA | Sharon Heller

**Class** – Jan 22-23, 2016 : PTSD Workshop  
Orlando, FL | Dr. Svetlana Masgutova

**Class** – Jan 23-26, 2016 : MNRI® Neuro-Structural Reflex Integration  
St-Nicolas, Levis, QC | Christine Poulin

Jan 25 - Feb 3, 2016 : **8 Day MNRI® Family Educational Conference - Orlando, Florida**

Orlando, FL | Dr. Svetlana Masgutova

**Class** – Feb 1-4, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration  
Salt Lake City, UT | Tawni Lawrence

**Class** – Feb 4-5, 2016 : MNRI® Parent Workshop  
Perth, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class** – Feb 5-6, 2016 : MNRI® Tactile Integration  
Kansas City, KS | Patty Shackleford

**Class** – Feb 8-9, 2016 : MNRI® Parent Workshop  
Albany, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class** – Feb 12-14, 2016 : MNRI® Visual & Auditory Reflexes Integration  
Eagan, MN | Lori Burgess

**Class** – Feb 13-14, 2016 : MNRI® Parent Workshop  
Brisbane, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class** – Feb 13-15, 2016 : MNRI® Reflexes & Immunology  
San Ramon, CA | Dr. Svetlana Masgutova

**Class** – Feb 17-18, 2016 : MNRI® Parent Workshop  
Sydney, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class** – Feb 19-21, 2016 : MNRI® Facial Reflex Integration-Level 1  
Lafayette, LA | Dr. Svetlana Masgutova

**Class** – Feb 26-28, 2016 : MNRI® Facial Reflex Integration-Level 1  
Grayslake IL | Lori Burgess & Brea Maday

**Class** – Feb 26-29, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration  
Orlando, FL | Pamela Curlee

**Class** – Feb 26-28, 2016 : MNRI® Archetype Movement Integration  
Grand Rapids, MI | Christine Poulin

**Class** – Mar 4-6, 2016 : MNRI® Proprioceptive & Cognitive Integration  
Orange County, CA | Shannon Desilets



**Class** – Mar 5-8, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration  
Montreal, Quebec, Canada | Christine Poulin

**Class** – Mar 11-14, 2016 : MNRI® IPET Archetype Movement Integration  
Baton Rouge, LA | Pamela Curlee

**Class** – Mar 27-28, 2016 : MNRI® Upper Limbs Reflex & Manual Skill Integration  
New Jersey | Dr. Svetlana Masgutova

Apr 8-13, 2016 : **5 Day MNRI® Family Educational Conference-Washington, DC area**

Washington, DC area | Dr. Svetlana Masgutova

**Class** – April 10-11 & June 12-13, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration  
New Jersey | Mary Rentschler

Apr 19-24, 2016 : **MNRI® Chronic Stress, Anxiety and PTSD Family Conference**

Orlando, FL | Dr. Svetlana Masgutova

**Class** – May 12-14, 2016 : MNRI® Proprioceptive & Cognitive Integration  
Houston, TX | Shannon Desilets

Jun 14-19, 2016 : **5 Day MNRI® Family Educational Conference - Orange County, CA**

Orange County, CA | Dr. Svetlana Masgutova

Jun 22 - Jul 1, 2016 : **8 Day MNRI® Family Educational Conference - Bloomington, MN**

Bloomington, MN | Dr. Svetlana Masgutova

Jul 8-17, 2016 : **8 Day MNRI® Family Educational Conference - Orlando, Florida**

Orlando, FL | Dr. Svetlana Masgutova

Jan 7-16, 2016 : **8 Day MNRI® Family Conference**

San Diego, CA | Dr. Svetlana Masgutova

**Class:** Jan 8-10, 2016 : MNRI® Visual & Auditory Reflexes Integration  
Orlando, FL | Dr. Leah Light

**Class:** Jan 21-24, 2016 : MNRI® IPET Tactile Integration  
Orlando, FL | Pamela Curlee

**Class:** Jan 22-24, 2016 : MNRI® Archetype Movement Integration  
Lafayette, LA | Sharon Heller

**Class:** Jan 22-23, 2016 : PTSD Workshop  
Orlando, FL | Dr. Svetlana Masgutova

**Class:** Jan 23-26, 2016 : MNRI® Neuro-Structural Reflex Integration  
St-Nicolas, Levis, QC | Christine Poulin

Jan 25 - Feb 3, 2016 : 8 Day MNRI® **Family Educational Conference**  
Orlando, FL | Dr. Svetlana Masgutova

**Class:** Jan 29 - Feb 1, 2016 : MNRI® Neuro-Structural Reflex Integration  
Bali | Stephen Best Sp.Ed., Ed.S., LMT

**Class:** Feb 4-5, 2016 : MNRI® Parent Workshop  
Perth, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class:** Feb 8-9, 2016 : MNRI® Parent Workshop  
Albany, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class:** Feb 12-14, 2016 : MNRI® Reflexes & Immunology  
San Ramon, CA | Dr. Svetlana Masgutova

**Class:** Feb 13-14, 2016 : MNRI® Parent Workshop  
Brisbane, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class:** Feb 17-18, 2016 : MNRI® Parent Workshop  
Sydney, AU | Stephen Best Sp.Ed., Ed.S., LMT

**Class:** Feb 19-21, 2016 : MNRI® Facial Reflex Integration-Level 1  
Lafayette, LA | Dr. Svetlana Masgutova

**Class:** Feb 26-28, 2016 : MNRI® Facial Reflex Integration-Level 1  
Grayslake IL | Lori Burgess & Brea Maday

**Class:** Feb 26-28, 2016 : MNRI® Archetype Movement Integration  
Grand Rapids, MI | Christine Poulin

**Class:** Feb 26-29, 2016 : MNRI® Dynamic and Postural Reflex Integration  
Orlando, FL | Pamela Curlee

**Class:** Mar 4-6, 2016 : MNRI® Proprioceptive & Cognitive Integration  
Orange County, CA | Shannon Desilets

**Class:** Mar 5-8, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration  
Montreal, Quebec, Canada | Christine Poulin

Apr 8-13, 2016 : 5 Day MNRI® **Family Educational Conference**  
Washington, DC area | Dr. Svetlana Masgutova

**Class:** April 10-11 & June 12-13, 2016 : MNRI® Dynamic and Postural Reflex  
Pattern Integration  
New Jersey | Mary Rentschler

**Class:** May 13-16: Life Long Reflex Integration  
Tyler, Texas / Pamela Curlee

Jul 8-17, 2016 : 8 Day MNRI® **Family Educational Conference**  
Orlando, FL | Dr. Svetlana Masgutova

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